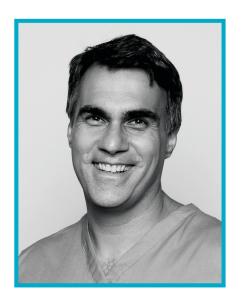
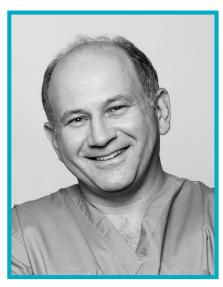
# Meet Our Doctors



### Marc S. Werner, MD

Dr. Werner is proud to specialize in iLASIK, oculoplastics, BOTOX and neuro-ophthalmology.

- Undergraduate Education Brown University
- Medical School The Johns Hopkins University School of Medicine
- **Residency** University of Illinois at Chicago
- Fellowships The University of Minnesota and Manhattan Eye, Ear & Throat Hospital
- Certifications Board Certified by the American Board of Ophthalmology



## Thierry Hufnagel, MD

Dr. Hufnagel is proud to specialize in cataract surgery, iLASIK and corneal procedures.

- Undergraduate Education University of Paris, France
- Medical School University of Paris, France
- **Residency** Yale University School of Medicine
- Fellowships Jules Stein Eye Institute (UCLA), The Wilmer Eye Institute (Johns Hopkins University)
- Certifications Board Certified by the American Board of Ophthalmology and the American Board of Pathology



## Benjamin Chang, MD

Dr. Chang is proud to specialize in cataract surgery, iLASIK, and Retinal Disorders.

- Undergraduate Education Harvard University
- Medical School David Geffen School of Medicine at UCLA
- **Residency** Wills Eye Hospital, Philadelphia (Chief Resident)
- Fellowships Manhattan Eye, Ear & Throat Hospital
- Certifications Board Certified by the American Board of Ophthalmology

## Laser Vision Correction

#### Imagine seeing your most precious moments in clear, vibrant color;

living life without glasses or contact lenses; enjoying your favorite activities such as biking, golfing, tennis and swimming even more because you don't have to worry about your glasses and contacts getting in the way. See clearly today with Stahl Eyecare Experts! Over 12 million people in the United States have chosen to have laser vision correction surgery and now enjoy lives complete with great vision. So why are you waiting?

Stahl Eyecare Experts of New York is one of the first centers in the nation to offer All-Laser iLASIK with the 3-D iDesign system. The technology we use is the only technology approved for use on U.S. astronauts and Navy fighter pilots, so you can rest assured that it is safe, accurate and offers extremely favorable results.

You can take comfort in knowing that our expert surgeons are using the most advanced technology. Stahl Eyecare Experts of New York takes pride in the fact that we specialize in the most state-of-the-art technologies available today.

Advanced technology, combined with our team of experts and dedication to exceptional patient care, has made Stahl Eyecare Experts one of the leading LASIK providers in the greater New York area.

Stahl Eyecare Experts opened the first LASIK center in New York City at Trump Tower in 1996. Since then, the team of surgeons at Stahl Eyecare has continued to be on the forefront of technological advancements, leading to enhanced safety, precision and visual outcomes.

Most patients are surprised to learn that traditional LASIK involved the use of a metal blade. With All-Laser iLASIK performed at Stahl Eyecare Experts, the metal blade has been eliminated,

## Laser Eye Surgery Benefits\*

- Decreased dependency on glasses or contacts
- Ability to get up and GO!
- Convenience with travel
- No hassle with contact solutions
- Clear, natural vision
- Major lifestyle advantages with sports

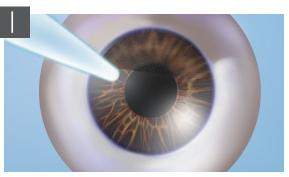
offering a premium level of safety and accuracy. iLASIK is FDA-approved to treat the broadest range of visual imperfections including nearsightedness, farsightedness and astigmatism. Recovery is remarkably quick, allowing most patients to return to normal activities the day after their procedures.

## How LASIK Works

LASIK (laser in-situ keratomileusis) or laser eye surgery, has become one of the safest and most effective methods of vision correction because patients recover quickly and have fewer complications than with other methods of vision correction. Stahl Eyecare Experts now uses the iFS laser in conjunction with the excimer laser, utilizing CustomVue or iDesign technology to reshape the cornea (the outer window of the eye) treating low to high levels of nearsightedness, farsightedness and astigmatism.

- To treat nearsightedness, the steep cornea is made flatter by removing tissue from the center of the cornea. This moves the point of focus from in front of the retina to directly on the retina.
- To treat farsightedness, the flat cornea is made steeper by removing tissue outside of the central optical zone of the cornea. This moves the point of focus directly on the retina.
- ◆ To treat astigmatism, the cornea is made more spherical—like a basketball instead of a football. This eliminates multiple focusing points within the eye and creates one point of focus on the retina.

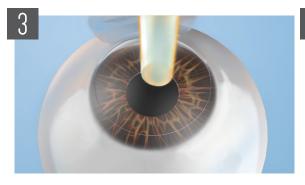
The iLASIK procedure is simple and straightforward, with the use of 2 different lasers: a femtosecond laser to create the corneal flap (step 1), and an excimer laser to change the shape of your eye's surface (step 3).



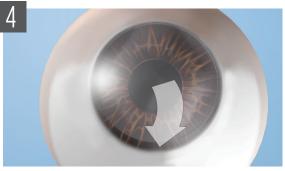
Your surgeon creates a corneal flap with a femtosecond laser.



The flap is gently moved aside.



An excimer laser provides the vision correction treatment, precisely altering the surface of your eye according to pre-determined measurements.



The flap is positioned back into place.

# Refractive Technology We Offer

## All-Laser iLASIK with the 3D iDesign Laser System



Imagine a quality of vision so crisp and clear, it's like living in a world of High-Definition – vision that goes beyond 20/20.

Stahl Eyecare, among the first in the nation to offer the All-Laser procedure with the CustomVue LASIK and iDesign System, goes beyond the limits of glasses or contacts to offer patients the next generation procedure in laser vision correction with greater precision and accuracy than ever before.

New 'WaveScan' technology allows our doctors to capture unique imperfections that could not be previously detected, providing the highest resolution available at more than 25-times the precision of standard measurements for glasses or contacts.

"The 3-D iDesign laser system now gives us unprecedented accuracy and control in making customized corneal treatments."

-MARC WERNER, M.D.-

### iFS LASIK

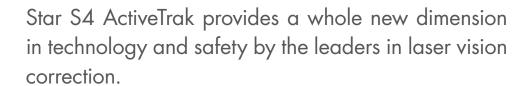
Stahl is the first private vision center in New York to offer patients the iFS<sup>TM</sup> Femtosecond laser system, a technological breakthrough for the IntraLase® method of performing LASIK procedures. By eliminating the surgical blade used for creating a corneal flap, Stahl's team of surgeons is able to create fully customized, biomechanically engineered corneal flaps that are stronger and preserve the structural integrity of the cornea. This enables patients to heal more rapidly, enjoy improved outcomes and reduce the potential risk(s) of postoperative complications.





## STAR S4 ActiveTrak System

The STAR S4 ActiveTrak allows Stahl's doctors to track the movement of your eye during the procedure for more accurate results and quicker recovery times.





### IntraLase

With the IntraLase method, tiny pulses of laser light pass harmlessly through the outer portion of the cornea and form a uniform layer of microscopic bubbles just beneath the surface of the eye. The IntraLase flap creation process using the iFS Laser takes less than 20 seconds per eye and a total of 10 minutes for the entire laser vision correction procedure.



#### Outstanding Results

The IntraLase method also delivers outstanding results and offers improved outcomes for most patients. In a clinical survey of LASIK patients who had their LASIK flaps created using a blade in one eye and the IntraLase Method in the other, the vision in the IntraLase-treated eye was preferred 3-to-1.

## How PRK Works

Photorefractive keratectomy, or PRK, is an effective vision correction option for patients who are nearsighted, farsighted or even those with astigmatism. PRK uses an excimer laser to reshape the cornea for improved vision, however, no corneal flap is created. Instead, the outermost layer of the cornea (epithelium) is loosened and gently brushed aside.

The next step is identical to LASIK. The VISX Star S4 excimer laser utilizing either iDesign or CustomVue software is used to reshape the inner layers of the cornea.

PRK takes only minutes to perform and the procedure is painless. Most patients are able to return to their daily activities within 48 to 72 hours after PRK, and their vision continues to improve for up to three months.

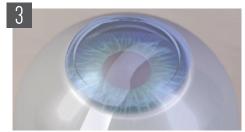
Depending upon your unique vision and lifestyle, your Stahl Eyecare surgeon will make the best recommendation for your vision correction procedure.



Your surgeon gently brushes away the epithelial cells.



An excimer laser provides the vision correcting treatment, precisely altering the surface of your eye according to pre-determined measurements.



A soft contact lens "bandage" is placed on your eye to help protect it during the healing process (typically 4-6 days).

	iLASIK	PRK
Treats Nearsightedness, Farsightedness and Astigmatism with WaveFront Technology	Yes	Yes
Backed by "20/20 or it's free" guarantee	Yes	Yes
All-Laser Procedure (no blades)	Yes	Yes
Recovery Time	Faster (1-2 days)	Slower ( ~1 week)
Ideal for Patients with Thin Corneas	No	Yes

## What to Expect

## What to expect on the day of your laser eye surgery:

LASIK and PRK are outpatient procedures. You can expect to spend about two hours at our center on the day of your procedure. Please plan to bring a responsible adult to drive you home or escort you by train following your procedure.

### Preoperative Instructions:

Continue to take any regular medications unless instructed otherwise.

- Dress comfortably, the temperature in the laser suite will be cool.
- No make-up, jewelry, perfume or cologne is to be worn on the day of your procedure.
- Eat normally on the day of your procedure.
- You will be awake during the entire procedure; most patients feel little or no discomfort but rather mild pressure.

#### Contact Lens Use

LASIK and PRK candidates must discontinue contact lenses prior to surgery. Please allow for doctor discretion.

- Soft contact lenses: 1-3 weeks as directed by your doctor.
- ◆ Hard contact lenses: 2-4 weeks prior to surgery or until the cornea is stable.

#### Consent Form/Risks

Your consent forms are provided for you along with general literature, and postoperative instructions. The consent forms discuss the procedure and the potential risks associated.

Please read through all paperwork prior to the date of your procedure. You will sign and date all forms when you check in. You will also have the opportunity to discuss any questions you have with your surgeon prior to your procedure.

# After Your Procedure

- Do not rub your eyes for 1 month.
- Wear eye shields while sleeping at all times for 1 week after LASIK.
- Do not drive until you are cleared by the doctor.
- PRK patients: continue to wear bandage contact lens until removed by the doctor usually within 1 week.
- No eye make-up for 1 week following surgery.
- Wear eye protection for all sports or activities where there may be contact with your eyes or where debris
  may get into your eyes (Sunglasses are acceptable).
- ◆ No swimming or hot tubs for 1 week.
- No strenuous activity for 3-7 days.
- No contact sports for one week.

#### Temporary Side Effects

- Light sensitivity
- Mild irritation (such as tearing and mild burning sensation)
- Starburst/glare/halo
- Fluctuation of vision
- Dry eyes
- Initial over-correction in hyperopic (farsighted) patients

#### Healing Tips

- Use the provided artificial tears as needed.
- ◆ Take a nap/keep eyes closed as much as possible for several hours following surgery.
- Use drops as prescribed.
- Wear sunglasses in bright light indoors and outdoors. After surgery, always protect your eyes from harmful UV rays by wearing a quality pair of UV filtering sunglasses.
- Keep all scheduled postoperative visits, as fluctuation in your vision is common during the healing process after vision correction.

# Frequently Asked Questions

## What Results Can I Expect?

As with any surgical procedure, results can vary. However, All-Laser LASIK and PRK have proven overwhelmingly successful and have improved the vision of millions of patients around the world. In a recent FDA study, 96% of patients treated for nearsightedness and/or astigmatism achieved vision 20/20 or better.

## Will I Need to Wear Glasses After Surgery?

While the iLASIK procedure has proven successful in reducing or eliminating dependence on glasses and contact lenses, the degree of improvement varies by individual. Although no one can promise perfect vision, most good candidates no longer need to wear glasses or contacts for normal daily activities. While laser vision correction does not "wear off," it does not change the natural aging progression of the eyes. Individuals who wear reading glasses or bifocals before surgery will most likely continue to need reading glasses following surgery, unless they choose a blended procedure.

### What is Blended Vision?

Blended vision is a vision correction solution commonly used for patients with presbyopia, or difficulty seeing up close. A person's dominant eye (determined during the exam) is corrected for distance vision, while the non-dominant eye is corrected for close-up viewing. The brain generally makes these changes automatically, without any conscious effort or awareness.

For those who are good candidates, blended vision LASIK makes it possible to repeatedly change your range of focus without having to constantly remove reading glasses or add corrective lenses.

People with blended vision may have some degree of decreased depth perception without corrective lenses. Often people who choose blended vision LASIK will elect to wear corrective lenses for detailed activities, such as night driving or prolonged reading, so both eyes are in simultaneous focus. Fortunately, we can use contact lenses to simulate blended vision prior to surgery to ensure you are a good candidate.

"All of the staff were very helpful from the beginning to the end of the process, and the surgery itself was painless. I was back to work the very next day! This was the best investment I've ever made."

-NICOLE C. WOODSIDE, N.Y.-

### Does It Hurt?

The LASIK procedure does not hurt. Numbing drops are placed in the eye prior to your procedure. Patients report a feeling of mild pressure that lasts a few seconds per eye during the creation of the flap by the laser. Following surgery, you may experience a foreign body sensation similar to an eyelash in the eye or a slight irritation for a few hours. Most patients find that a short nap helps to ease any irritation. It is normal for your eyes to feel a little dry for several weeks following LASIK. Drops or artificial tears may be prescribed to relieve irritation.

The PRK procedure may involve some slight discomfort typically for 48 hours post surgery as the epithelial cells regenerate and cover the surface of the eye. Postoperative recovery after PRK is more gradual than with LASIK. There are benefits to PRK and your surgeon will provide more details during your consultation. There is no corneal flap involved, so the entire thickness of the underlying stroma (inner layer of the cornea) is available for treatment, and there is no risk of complication due to flap creation.



### What are the Risks?

While no procedure is without risk, long-term complications from LASIK/PRK are uncommon. The risk of a serious vision complication is less than 1%, and this risk is further reduced with our lasers. We will discuss potential risks in greater detail and answer any questions you may have during your consultation.

## Is Financing Available?

Stahl Eyecare Experts is pleased to offer several monthly payment plans, including interest-free financing options. Our goal is to make vision correction procedures affordable for everyone. Our counselors will be happy to discuss financing options with you during your consultation. (More detailed information on the following page.)

# Financing & Insurance

We are frequently asked why our LASIK fees are affordable and significantly less than what others charge for the same procedure. If LASIK costs in New York have been holding you back, do not let this be a barrier to clear vision. We are able to offer LASIK and PRK at an affordable price per eye for the following reasons:

- 1. LASIK/PRK procedures are eligible to be paid for with flex plans and health savings accounts to give you tax-free savings on your laser vision correction procedure.
- 2. Stahl Eyecare offers interest-free financing and affordable payment plans to make your procedure as affordable as possible.

Stahl Eyecare partners with multiple healthcare financing companies to offer patients better vision at affordable prices.

- Zero % financing available\*
- Low minimum monthly payments\*
- No up-front or pre-payment penalties\*

We'll walk you through the whole process.

\*Subject to credit approval. Minimum monthly payments required.

#### Vision Correction Insurance

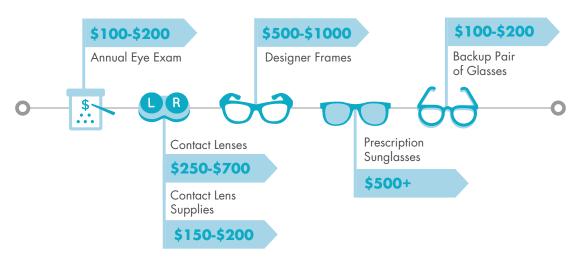
Stahl participates in a number of LASIK insurance plans, preferred provider organizations, and panels that provide for a reduced price on LASIK and PRK, or in some cases actually cover the procedure. Contact us to request further information. 888.55.SIGHT (888.557.4448) to learn more.

### The Cost of Not Getting LASIK

#### Think you can't afford LASIK? Think again!

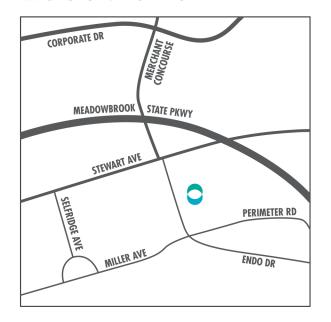
Chances are, if you are currently wearing corrective eyewear (i.e. glasses or contacts), you might be spending far more than you have considered.

The average annual cost of corrective lenses based on market studies:



LASIK patients typically report the procedure pays for itself in 3 years or fewer!

## Locations



## Garden City

Laser Surgery Center

450 Endo Boulevard, Garden City, NY 11530

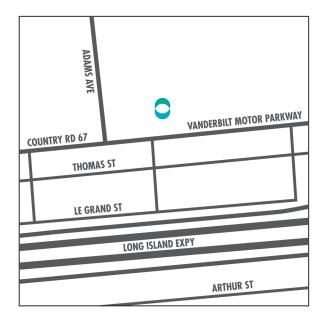
516.832.8000 888.55.SIGHT (557.4448)



### Manhattan

185 Madison Avenue, 2nd Floor (On the corner of 34th Street) New York, NY 10016

212.689.7676 888.55.SIGHT (557.4448)



## Hauppauge

200 Motor Parkway, Suite D-25 Hauppauge, NY 11788

631.952.8000 888.55.SIGHT (557.4448)